



SECRETS OF THE PSALMIST

The Bridge Family Camp 2019

Greg Haswell

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“If you have the heart of a free person but the mind of a slave, you will not live like an overcomer and it will keep you from God’s promises.” – Greg Haswell

Secrets of the Psalmist

Describe – Ascribe – Prescribe

- **DESCRIBE** – Write about the facts you are facing, your current circumstances
 - **YOU** – This includes your fears, failures, frustrations, friends
 - **THEM** – It also describes the actions, words, and plans of those who would hurt you
 - **HIM** – Sometimes it even voices concerns about the Lord
- **ASCRIIBE** – Give God the glory due His name! Declare what you know the scriptures say about Him, try to exaggerate His goodness and/or greatness.
 - **HIS NATURE** – Declare who He is, focus on His attributes
 - **HIS WORKS** – Remember what He has done for you, those you know, and those you’ve read about
 - **HIS WORDS** – Remember what He has said and promised
- **PRESCRIBE** – This is a mixture of petitions, prayers, memories of previous encounters, storytelling, history lessons, declarations and testimonies.
 - **YOUR DESIRES** – Ask for hoped for outcomes
 - **THOSE WHO OPPOSE YOU** – Prayer for them, blessings you can pronounce that evil will fail, that the crisis will dissipate
 - **HIS FAME** – Pray for an outcome that brings Him glory

Example

Psalm 31

DESCRIBE – THE CIRCUMSTANCES

Psalm 31:9-13

Be merciful to me, Lord, for **I am in distress; my eyes grow weak with sorrow**, my soul and body with grief. **My life is consumed by anguish and my years by groaning; my strength fails because of my affliction**, and **my bones grow weak**. **Because of all my enemies, I am the utter contempt of my neighbours and an object of dread to my closest friends – those who see me on the street flee from me. I am forgotten as though I were dead**; I have become like broken pottery. For I hear **many whispering, "Terror on every side!"** They **conspire against me and plot to take my life**.

ASCRIIBE – GREATNESS TO GOD

Psalm 31:14-16, 19-20

But I trust in you, Lord; I say, "You are my God. My times are in your hands;" ... How abundant are the good things You have stored up for those who fear You, that You bestow in the sight of all, on those who take refuge in You. In the shelter of Your Presence You hide them from all human intrigues; You keep them safe in Your dwelling from accusing tongues.

PRESCRIBE – WHAT YOU KNOW

Psalm 31:15-16

My times are in Your hands; **deliver me from the hands of my enemies**, from those who pursue me. **Let Your face shine on your servant; save me in Your unfailing love**.

Example

Psalm 3

DESCRIBE – THE CIRCUMSTANCES

Psalm 3:1-2

Lord, how many are my foes! How many rise up against me! Many are saying of me, "God will not deliver him."

ASCRIBE – GREATNESS TO GOD

Psalm 3:3-6

But you, Lord, are a shield around me, my glory, the One who lifts my head high. I call out to the Lord, and He answers me from His holy mountain. I lie down and sleep; I wake again, because the Lord sustains me. I will not fear though tens of thousands assail me on every side.

PRESCRIBE – WHAT YOU KNOW

Psalm 3:7-8

Arise, Lord! Deliver me, my God! Strike all my enemies on the jaw; break the teeth of the wicked. From the Lord comes deliverance. My Your blessing be on Your people.

Example

Psalm 86

DESCRIBE – THE CIRCUMSTANCES

Psalm 86:14

Arrogant foes are attacking me, O God; ruthless people are trying to kill me – they have no regard for you.

ASCRIIBE – GREATNESS TO GOD

Psalm 86:15-16

You, Lord, are forgiving and good, abounding in love to all who call to You... But you, Lord are a compassionate and gracious God, slow to anger, abounding in love and faithfulness.

PRESCRIBE – WHAT YOU KNOW

Psalm 86:1-4, 11, 16

Hear me, Lord, and answer me, for I am poor and needy. Guard my life, for I am faithful to You; save your servant who trusts in You. You are my God; have mercy on me, Lord, for I call to you all day long. Bring joy to your servant, Lord, for I put my trust in You... Teach me your way, Lord, that I may rely on Your faithfulness; give me an undivided heart, that I may hear Your Name... Turn to me and have mercy on me; show Your strength in behalf of Your servant;

Secrets of the Psalmist

❖ Give praise to the Lord	❖ Glory in His Holy Name
❖ Proclaim His Name	❖ Let the hearts of those who seek the Lord rejoice
❖ Make known among the nations what He has done	❖ Look to the Lord and His strength
❖ Sing to Him	❖ Seek His face always
❖ Sing praise to Him	❖ Remember His wonders, miracles and judgements
❖ Tell of all His wonderful acts	❖ Bring an offering and come before Him
❖ Sing to the Lord	❖ Worship the Lord in the splendor of His Holiness
❖ Proclaim His salvation day after day.	❖ Tremble before Him, all the earth
❖ Declare His glory among the nations	❖ Let the heavens rejoice
❖ Ascribe to the Lord, glory and strength	❖ Say among the nations "The Lord reigns!"
❖ Ascribe to the Lord, the glory due His Name	❖ Let the fields be jubilant and everything in them
❖ Give thanks to the Lord, for He is good; His love endures forever	❖ Cry out, "Save us, God our Saviour; gather us and deliver us from the nations, that we may give thanks to Your Holy Name and glory in Your praise.